Looking for a way to develop the emotional competencies of your leaders?

Emotional Competencies
Leadership Development Resources from Matrix Insights

Why develop Emotional Competencies?

Research consistently shows the importance of emotional intelligence for successful leaders.

Emotional effectiveness reflects a leader's ability to influence others, deal with conflict, build relationships, manage stress, and much more. Developing emotional competencies directly impacts a leader's ability to achieve their personal and team objectives.

Who should use this solution?

If you're designing a leadership development program, Matrix Insights provides an innovative and scalable solution to develop Emotional Competencies.

Get started with Matrix Insights. **No upfront costs. No membership fees.** matrixinsights.com

Why use Matrix Insights for your Emotional Competency Development?

Matrix Insights uniquely integrates online tools, resources, and practical emotional competency strategies and action tips that support the development process:

- Enhance understanding of unique strengths and opportunities for development
- Take an intentional approach to set developmental priorities and identify new behaviors
- Stay engaged over time to achieve behavioral change



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How does our Emotional Competency Development solution work?

We've designed the solution to support both development professionals and the leaders they support. Key features include:



Self-assessment and multi-rater feedback for skill levels and development priorities

 Personal emotional competency profile that builds self awareness and supports setting competency focus areas

3 **Targeted** development strategies and behavioral action tips to build a personalized action plan

 Automated reminders, status updates, and optional coaching tools to facilitate behavioral changes over time

Support your learners with an online coaching dashboard designed to enable coaches, trainers, and leader-coaches to work effectively across multiple organizations, teams, and individuals.



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